

THE GIFT OF CENTERING PRAYER



January 22-24, 2010

At Jesus House Prayer & Renewal Center, 2501 Milltown
Road, Wilmington DE 19808

Arrival and check-in Friday, January 22 at 5:30 pm, dinner
will follow at 6 pm, and retreat will close after 10:30 am
brunch on Sunday, January 24, 2010. Cost: \$200

Centering Prayer is a method of prayer that prepares one to
receive the gift of God's presence, traditionally called contemplative
prayer. It is drawn from the ancient practices of the Christian
heritage, notably of the Mothers & Fathers of the desert, *Lectio Divina*
(praying the scriptures), the *Cloud of Unknowing*, and the writings of
St. John of the Cross, & St. Teresa of Avila.

Our retreat director is Therese Saulnier, M.A.

Therese has been practicing Centering Prayer for over 20 years. She
has earned a Master of Arts degree in Theology from Fordham
University, and is a member of the faculty of Contemplative Outreach,
which for over 25 years has been dedicated to transmitting the living
tradition of the contemplative Christian heritage through the teachings
of Father Thomas Keating and through programs that support
contemplative living for those in ordinary life.

Please send a non-refundable deposit of \$75 with registration form to Jesus
House.(Centering Prayer Jan22-24,2010)

Name _____ Phone _____

Address _____ e-mail _____

