

BOOK STUDY/SHARINGS

REACHING OUT by Henri Nouwen

This book study will focus on the three-folds of reaching out to our inmost selves, to other people, and to God.

Dates: Mondays 3/1 – 4/19 2010

Cost: \$35, includes book

This discussion will be facilitated by Arleen Kerrigan, staff. She has led many such programs and holds a Masters Degree in Pastoral Studies.

SUNDAY FEB. 14TH, 2010

CELEBRATING THE GRACE OF THE SACRAMENT OF MARRIAGE!

Join us to celebrate your marriage with Mass and a renewal of vows at 5 P.M.

Music will be by Kevin & Claire Sarkissian. The Mass will be followed by appetizers, wine and dinner.

Romantic candle light, good conversation, desserts & coffee will cap off the evening. To enhance your experience, please bring your wedding photo. \$75 per couple.

DAYS of REFLECTION

These retreats begin at 9:30 AM with refreshments and include presentations, Mass, lunch and quiet time. The day ends at 2:45 PM unless otherwise noted

Cost: \$40

Jan. 26 ~ WHAT WOULD DOROTHY DAY SAY TO US TODAY

On this day we will explore the life, words, and works of Dorothy Day, 20th century American single mother, advocate for peace, poor and justice. She challenged policies of state and Church and yet was devoutly Christian and honored by Church, public and those of no religion. See how she might help us now in time of war, economic trials, injustice and religious debates as to how best to live our public and private lives as committed Christians. There will be presentations, periods of private reflection and small group sharing.

The day will be led by Jack Neill, a Spiritual Director, long time educator, workshop and retreat leader. He has advanced degrees in theology, pastoral counseling and education and is currently active in nursing home and hospital ministry, religious education and facilitating group *lectio divina*.

Feb. 23 ~WHEN THE UNEXPECTED HAPPENS: DEALING WITH SERIOUS ILLNESS- Led by Kathy Saturday

Receiving the diagnosis of a serious illness can greatly upset the routine of our life. Dealing with a serious illness requires that we attend to the issues of spirit and our soul, as well as the physical issues of our illness, will help to restore a sense of balance in our life. If a serious illness has upset the

applecart of your life, this retreat may help to restore a sense of equilibrium. Kathy Saturday is a certified spiritual director and a two-time cancer survivor. She is a recent retiree and has been involved with ministry to those dealing with serious illness.

Mar. 23 ~ MARY MAGDALEN – A one act play with Gina McKenna-Smith. We will begin this day at 10:30 a.m. and end after lunch at 1:30 p.m. The memory of Mary's encounter with Christ will remain with you long after this performance ends.

Gina Mc Kenna-Smith is the founder of Springhouse Productions, a Christian ministry bringing to life the words of Scripture through the dramatic arts.

Apr. 27 ~SOUL COLLAGE®
INSIGHTS INTO THE SOUL

Images and symbols can be powerful tools to communicate meaning and insight. SoulCollage® is a process of creating 5"x8" collage cards – an art process and spiritual craft that anyone can do. We'll learn how to move fragments of cut-out magazine pictures around, fitting them together in a surprising new way. This uncovers and brings forth new insights into our interior life. During this workshop we'll learn the principles of SoulCollage® and make 1 or 2 cards. All materials and supplies will be provided.

This workshop will be facilitated by Pamela Leland, a spiritual director and a trained facilitator of SoulCollage® with Liz Sweeney, SSJ, a spiritual director at Jesus House. Liz has experienced the process and sees its immense spiritual potential.

WRITING A SPIRITUAL AUTO-BIOGRAPHY –a series led by Joan Leof Thursdays, 9:30-11:30 2/4 –2/25.

There are many definitions of a spiritual autobiography, and many methods to write one. In the broadest sense, writing a spiritual autobiography is an opportunity to take time to reflect on your awareness of God in your life and how that awareness has developed in your life up to now ---- the people, places and experiences.

Joan Leof, our Journalist in Residence, will lead this workshop. She brings over 20 years experience teaching journaling.

WEEKEND RETREATS

THE GIFT OF CENTERING PRAYER
Jan.22-24, Fri. 5:30 check-in ~Sun. 11:30
Led by Therese Saulnier. Cost: \$200
Centering Prayer is a method that prepares one to receive the gift of God's Presence, traditionally called

contemplative Prayer. It is drawn from the ancient Practices of the Christian heritage, notably the Mothers & Fathers of the desert. Lectio Divina (praying the Scriptures), the *Cloud of Unknowing* and the writings of John of the Cross & St. Theresa of Avila.

Our retreat director is Therese Saulnier, M.A. She has been practicing Centering Prayer for over 20 years. She has earned a Masters of Arts degree in Theology from Fordham University, and is a member of the faculty of Contemplative Outreach, which for over 25 years has been dedicated to transmitting the living tradition of the contemplative Christian tradition through the teachings of Fr. Thomas Keating and through programs that support contemplative living for those in ordinary life.

RETREAT for THOSE DEALING with ILLNESS

April 30, May 1 & 2, 2010

Our retreat will begin at 4 p.m. on Friday and continue to 2 p.m. on Sunday
The retreat team consists of nurses and helpers who are available to serve those who come with care and compassion. This retreat is slow paced and will include short presentations and experiences suited for those who are suffering. It is also a time of fellowship as participants share their stories with one another. Wear comfortable clothing.
THIS RETREAT IS FREE OF CHARGE!

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www.jesushousecenter.org for info.
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CLIP & SAVE ON-GOING PROGRAMS AT JESUS HOUSE PRAYER & RENEWAL CENTER

Contemplative Prayer – every Monday
in the Chapel – 10:30 – noon.

Catholic Mass – Tuesdays @ 12:15 PM

Prayer Meeting – Tuesdays @ 7:30 PM

Healing Mass –3rd Tues of Month; 7:10
prayer & song; 7:30 Catholic Mass
followed by prayer for healing.

Healing Prayer Service- 4th Thurs. of
Month @ 12:15 PM

HOLD THIS DATE: APRIL 17,2010 ANNUAL DINNER DANCE

For further information on all of our retreats and programs, please visit our web site: www.jesushousecenter.org and/or call our office at 302-995-6859.

If you are a contributor to United Way, please consider designating Jesus House for your pledge. You can do so by filling in Jesus House Society, 2501 Milltown Road, Wilmington, DE 19808 With our code of 9251

To Register for our retreats, please
send your check and the following
information:

Name

Address

Phone #

e-mail

Retreat for which you are registering.



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